

MHS RED RAIDERS – ATHLETIC DEPARTMENT – QUICK FACTS:



AVERAGE GPA OF STUDENT ATHLETES

Averages include all levels

<u>SCHOOL YEAR 2013-2014</u>		<u>SCHOOL YEAR 2014-2015</u>	
FALL SEASON	3.49	FALL SEASON	3.57
WINTER SEASON	3.40	WINTER SEASON	3.46
SPRING SEASON	3.52	SPRING SEASON	3.56

Melrose is a member of the:

- Massachusetts Interscholastic Athletic Association
- Middlesex League (Freedom Division), District “B”
- Massachusetts Secondary School Athletic Directors Association
- Massachusetts Secondary School Administrators’ Association

ADDITIONAL FACTS:

- Multiple League and Sectional Championships
- Visit us online at Melrose Public Schools, “Athletics”
- Coaches Directory for all sports can be accessed on line
- Convenient online registration through FamilyID
- Facilities include a state of the art baseball stadium, field-turf facility, gymnasium and athletic training facility. Auxiliary grass fields, shared field turf facilities and off-site venues complete Melrose’s practice and game sites.

Additionally, we strive to achieve excellence in our school’s athletic program by adopting the MIAA model of Educational Athletics. Briefly, Educational Athletics addresses the following five areas:

- Wellness— To empower students to make healthy life choices.
- Sportsmanship to teach respect for self, team, opponents, officials, rules and the game itself.
- Coaches’ Education— To provide opportunities for teacher-coaches to receive proper and ongoing training.
- Leadership—To promote the power of positive influence that student-athletes and teacher-coaches share as role models.
- Community Service—To recognize the privilege of athletic participation and the responsibility of giving
- back to the community

FALL

Football: Varsity, Junior Varsity, Freshman, **Cheering:** **Football, Field Hockey:** Varsity, Junior Varsity, Freshman, **Boys Soccer:** Varsity, Junior Varsity, Freshman, **Girls Soccer:** Varsity, Junior Varsity, Freshman, **Cross Country:** Boys and Girls, Golf: Varsity, **Girls Swim:** Varsity, **Volleyball:** Varsity, Junior Varsity, Freshman

WINTER

Boys Basketball: Varsity, Junior Varsity, Freshman, **Girls Basketball:** Varsity, Junior Varsity, Freshman, **Gymnastics, Boys Hockey:** Varsity, Junior Varsity, **Girls Hockey:** Varsity, **Boys Swim:** Varsity, **Indoor Track:** Boys, Indoor Track: Girls, **Wrestling, Cheering:** Basketball, Hockey

SPRING

Baseball: Varsity, Junior Varsity, Freshman, **Softball:** Varsity, Junior Varsity, Freshman, **Boys Lacrosse:** Varsity, Junior Varsity, **Girls Lacrosse:** Varsity, Junior Varsity, **Track & Field:** Boys, Track & Field: **Tennis,** Boys and Girls

Note: Levels are based on participation numbers